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Multicenter population pharmacokinetic study of colistimethate sodium and colistin dosed as in normal renal function in patients on continuous renal replacement therapy

Leuppi-Taegtmeier, Anne B ; Decosterd, Laurent ; Osthoff, Michael ; Mueller, Nicolas J ; Buclin, Thierry ; Corti, Natascia

Abstract: Intravenous colistimethate sodium (CMS) is used to treat infections with multi-resistant Gram-negative bacteria. Optimal dosing in patients undergoing continuous renal replacement therapy (CRRT) is unclear. In a prospective study, we determined CMS and colistin pharmacokinetics in 10 critically ill patients requiring CRRT (8 underwent continuous venovenous hemofiltration (CVVHD), median blood flow 100 ml/min). Intensive sampling was performed on treatment day 1, 3 and 5 after a 9 MU intravenous CMS loading dose (6 MU if body weight < 60 kg) with a consecutive 8-hourly 3 MU (respectively 2 MU) maintenance dose. CMS and colistin were determined by liquid chromatography with mass spectroscopy. A model-based population pharmacokinetic analysis incorporating CRRT settings was applied to the observations. Sequential model building indicated a monocompartmental distribution for both CMS and colistin, with interindividual variability in both volume and clearance. Hematocrit was shown to affect the efficacy of drug transfer across the filter. CRRT clearance accounted for on average 41% of total CMS and 28% of total colistin clearance, confirming enhanced elimination of colistin compared to normal renal function. Target colistin steady state trough concentrations of at least 2.5 mg/L were achieved in all patients receiving 3 MU 8-hourly. A loading dose of 9 MU followed after 8 h by a maintenance dosage of 3 MU 8 hourly independent of body weight is expected to achieve therapeutic colistin concentrations in patients undergoing CVVHD using low blood flows. Colistin therapeutic drug monitoring might help to further ensure optimal dosing in individual patients.

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1 **Multicenter population pharmacokinetic study of colistimethate sodium and**
2 **colistin dosed as in normal renal function in patients on continuous renal**
3 **replacement therapy**

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12

13 Running head: Colistin pharmacokinetics during hemofiltration

14

15

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17 **Abstract**

18 **Background:** Intravenous colistimethate sodium (CMS) is used to treat infections
19 with multi-resistant Gram-negative bacteria. Optimal dosing in patients undergoing
20 continuous renal replacement therapy (CRRT) is unclear.

21 **Materials/methods:** In a prospective study, we determined CMS and colistin
22 pharmacokinetics in 10 critically ill patients requiring CRRT (8 underwent continuous
23 venovenous hemofiltration (CVVHD), median blood flow 100 ml/min). Intensive
24 sampling was performed on treatment day 1, 3 and 5 after a 9 MU intravenous CMS
25 loading dose (6 MU if body weight < 60 kg) with a consecutive 8-hourly 3 MU
26 (respectively 2 MU) maintenance dose. CMS and colistin were determined by liquid
27 chromatography with mass spectroscopy. A model-based population
28 pharmacokinetic analysis incorporating CRRT settings was applied to the
29 observations.

30 **Results:** Sequential model building indicated a monocompartmental distribution for
31 both CMS and colistin, with interindividual variability in both volume and clearance.
32 Hematocrit was shown to affect the efficacy of drug transfer across the filter. CRRT
33 clearance accounted for on average 41% of total CMS and 28% of total colistin
34 clearance, confirming enhanced elimination of colistin compared to normal renal
35 function. Target colistin steady state trough concentrations of at least 2.5 mg/L were
36 achieved in all patients receiving 3 MU 8-hourly.

37 **Conclusion:** A loading dose of 9 MU followed after 8 h by a maintenance dosage of
38 3 MU 8 hourly independent of body weight is expected to achieve therapeutic colistin
39 concentrations in patients undergoing CVVHD using low blood flows. Colistin

40 therapeutic drug monitoring might help to further ensure optimal dosing in individual
41 patients.

42

43 Introduction

44 Colistin is a polymyxin antibiotic with concentration dependent bactericidal properties
45 against a variety of Gram-negative species including *Pseudomonas aeruginosa*,
46 *Klebsiella spp.*, *Enterobacter spp.* and *Acinetobacter spp.*. Colistimethate sodium
47 (CMS) is the inactive prodrug of colistin, bearing methanesulfonate residues linked to
48 its five amine radicals. It is commercially available as Colistin® (1) and is usually
49 used to treat multidrug-resistant strains. After intravenous administration, CMS is
50 partially hydrolyzed (30-40%) into the active form colistin and to sulfomethylated
51 derivatives, while two-thirds of the prodrug dose are renally excreted unchanged by
52 glomerular filtration (2, 3). Colistin's bioavailability is therefore limited by what could
53 be considered a type of "renal first-pass effect". Renal clearance of CMS in healthy
54 volunteers approximates 100 ml/min (4). Conversely, the renal excretion of colistin
55 itself is modest, due to active tubular reabsorption (3). In critically ill patients,
56 Karaiskos and colleagues found the renal clearance of colistin to be not significantly
57 different from zero (5). In patients with renal impairment, a larger fraction of CMS is
58 available for transformation into colistin and both agents accumulate (6, 7), so that a
59 significant dosage reduction is needed (8). The two major dose-dependent toxic
60 effects of colistin are nephrotoxicity due to acute tubular necrosis and neurotoxicity
61 (9).

62 Critically ill patients may develop acute or acute-on-chronic renal failure requiring a
63 period of continuous renal replacement therapy (CRRT). Although pharmacokinetic
64 studies and dosing recommendations for CMS in critically ill patients with normal or
65 impaired renal function exist, there are only a few systematic studies of the
66 pharmacokinetics of CMS and colistin in patients undergoing CRRT (10-13). Dose

67 recommendations in these patients therefore differ widely and there is evidence that
68 certain recommendations might lead to under-dosing (14). CMS and colistin have
69 molecular weights of 1750 and 1155 Dalton respectively, meaning they are small
70 enough to pass through haemodiafiltration high flux membranes. Protein-binding of
71 colistin is dependent on drug concentration and ranges between 10 and 50% in
72 animals (15), which further enables the drug to be eliminated by CRRT. Similar
73 protein binding values have been observed in critically ill patients (16). CMS and
74 colistin are therefore filtered and dialyzed during CRRT (13). In addition, as no
75 tubular reabsorption occurs during CRRT, colistin clearance is – as to be expected -
76 higher than that achieved by a healthy kidney, even though filtration rates applied are
77 usually less than half of a normal glomerular filtration rate (13).

78 The standard dosage of CMS for a 70 kg patient with normal renal function is 9
79 million international units (MU) per day, divided in 2-3 doses. In the USA, dosages
80 are usually expressed in mg of colistin base activity, with a conversion factor of
81 33 mg for 1 MU, which corresponds to 80 mg of CMS. Previous studies have shown
82 that reduced CMS doses ranging from 1.8 MU every 48 h to 0.9 MU every 8 h in
83 patients undergoing continuous venovenous hemodiafiltration (CVVHDF) were
84 associated with insufficient steady state colistin concentrations (C_{ssav}) ranging from
85 0.7 mg/L to 1.7 mg/L (10, 12, 14). These values are below the suggested target C_{ssav}
86 of 2.0 - 2.5 mg/L for susceptible bacteria with a minimal inhibitory concentration (MIC)
87 of <0.5 mg/L (12, 17-19). Minimum inhibitory concentrations for Gram-negative
88 bacteria such as *Acinetobacter baumannii* and *P. aeruginosa* are >1 mg/l (both
89 breakpoints 2 mg/l (20)).

90 Based on those studies, some authors suggest that a higher dosage is required to
91 achieve therapeutic colistin concentrations in patients undergoing CVVHDF. A recent
92 study of 8 patients undergoing CVVHDF (dialysate fluid rate 1–1.5 L/h) showed that
93 the median peak colistin concentrations after a loading dose of 9 MU was 1.55 mg/l,
94 and during maintenance therapy with 4.5 MU every 12 h a C_{ssav} of 1.72 mg/L was
95 achieved (13).

96 These data indicate significant extracorporeal clearance by CRRT and support the
97 suggestion for higher dosages of CMS in critically ill patients undergoing CVVHDF, in
98 order to avoid underdosing and subsequent therapeutic failure. Recent studies
99 propose a CMS loading dose of 6-12 MU in critically ill patients in order to achieve
100 effective colistin plasma concentrations from the first treatment day (13, 16, 19, 21).
101 A loading dose of 9 MU has been shown to be well tolerated without significant renal
102 or neurotoxicity in a study including 22 patients with normal renal function (21).

103 The main objective of our study was therefore to characterize the population
104 pharmacokinetics of intravenous CMS and colistin in patients undergoing CRRT and
105 receiving the standard dosage of CMS, predicted to achieve therapeutic
106 concentrations in this situation according to current knowledge. Secondary study
107 objectives were to assess clinical outcomes and drug-related adverse events.

108

109 Results

110 Eleven patients aged between 29 and 70 years were included in the study. One
111 patient was subsequently excluded due to bleeding and multiple blood transfusions
112 that lead to incorrect colistin plasma concentrations. This left ten patients for whom
113 data were available for analysis. Patients 5 & 6 underwent CVVHDF; all other
114 patients underwent CVVHD. Further patient characteristics including the CMS
115 dosages administered and the settings of CRRT are shown in Table 1. The loading
116 dose was sampled in 3 patients whereas in the remaining patients CMS was started
117 or continued with a maintenance dose when colistin treatment was already initiated at
118 inclusion of the patient.

119 *CMS and colistin population pharmacokinetic profiles*

120 A satisfactory description of observations was obtained by fitting the 6-compartment
121 model described with NONMEM®. Individual curve-fittings of patients' measured
122 CMS and colistin concentrations are shown in Figure 2 (see Fig. S1 for a logarithmic
123 display). Sequential model building indicated that a model assuming interindividual
124 variability in terms of volume and clearance parameters (V_{CMS} , V_{Col} , $CL_{M\ CMS}$ and
125 $CL_{M\ Col}$), fitted the data better than a model assuming constant population values for
126 these parameters. Conversely, the results did not show evidence for interindividual
127 differences in sieving coefficients (S_{CMS} and S_{col}). We found no indication that age,
128 body weight, sex or albumin had a role to play as covariates. Conversely, the
129 inclusion of hematocrit (Ht) as a covariate affecting the efficacy of blood transfer
130 (Q_{blood}) in and out of the filter improved the model significantly. Diagnostic plots in
131 arithmetic and logarithmic form (Figures S2 and S3, respectively) visualized model
132 validation.

133 The primary pharmacokinetic estimates corresponding to our final model, namely
134 metabolic clearance, distribution volumes and sieving coefficients for CMS and
135 colistin are given in Table 2, along with the maximum likelihood individual parameters
136 corresponding to each study patient. In accordance with its physicochemical
137 characteristics, CMS had a higher sieving coefficient and a smaller volume of
138 distribution than colistin (Table 2).

139 The primary pharmacokinetic parameters enabled the calculation of derived
140 parameter values such as cumulative areas under the curve, fractions excreted through
141 CRRT, total clearances and steady-state trough concentrations of both CMS and
142 colistin (Table 3). CMS had a greater clearance (both total and through CVVHD) than
143 colistin, with consequent longer colistin half-life and higher steady-state trough
144 concentrations. CMS was more efficiently removed by CVVHD than colistin, as
145 reflected by CRRT clearance accounting for on average 41% of the total CMS and
146 28% of the total colistin clearance, respectively (Table 3).

147 Target colistin C_{ssav} of 2.5 mg/L was achieved in all patients who received a
148 maintenance dose of 3 MU but in none of the patients who received a maintenance
149 dose of 2 MU (Table 3).

150 *Adverse Events*

151 Overall, no alarming drug accumulation was observed over the five treatment days
152 (Figure 2 - one exception being possibly Patient 8) and no adverse events
153 attributable to CMS or colistin were recorded.

154 *Patient outcomes*

155 Infection control (as evidenced by a reduction in inflammatory markers such as C-
156 reactive protein and leucocyte count) was achieved in three patients and microbial
157 cure in one patient. However, 7 of the 10 included patients experienced a fatal
158 outcome of their severe illness. Renal function improved in 4 patients (moderate
159 renal impairment, no renal replacement therapy) and one patient remained on
160 intermittent hemodialysis.

161

162 Discussion

163 In a population pharmacokinetic study of intravenous CMS in patients undergoing
164 CRRT, we found that a compartmental model incorporating CRRT settings best
165 described the disposition of CMS and colistin. This population analysis revealed a fair
166 degree of interindividual variability in volume and clearance parameters (V_{CMS} , V_{Col} ,
167 $CL_{M\ CMS}$ and $CL_{M\ Col}$), as is often found for therapeutic drugs undergoing metabolic
168 biotransformations. This variability was not significantly explained by age, body
169 weight, sex and serum albumin concentration, as these covariates did not improve
170 model performance. However, hematocrit improved the model significantly, a finding
171 consistent with its direct impact on drug transfer from the patient's body to the CRRT
172 filter cartridge. It is also remarkable to observe that the model did not indicate
173 between-patient variability in either sieving coefficients of CMS and colistin. This is
174 not surprising for CMS, a highly hydrophilic prodrug that is poorly bound to plasma
175 proteins. As our patients had little heterogeneity regarding their circulating albumin
176 concentrations (Table 1), no effect of this covariate on colistin sieving could be
177 observed, even though colistin is more extensively protein-bound than CMS. We
178 propose that our findings will enable future optimal CMS dosing in patients

179 undergoing CRRT to achieve adequate antibacterial efficacy, to avoid the emergence
180 of colistin-resistant organisms (22) and to minimize toxicity.

181 In their population pharmacokinetic study of CMS in critically ill patients not
182 undergoing CRRT, Karaiskos and colleagues similarly found that a model with
183 several compartments (5 in total) best described their data (5).

184 In patients with normal renal function, renal clearance accounts for two-thirds of CMS
185 clearance and almost none of colistin clearance (3, 4). By comparison, in the present
186 study CRRT clearance accounted for 41% of CMS clearance and 28% of colistin
187 clearance. In the study performed by Karaiskos, CVVHDF clearance of CMS and
188 colistin were estimated at 60% and 62% respectively (13). The lower clearance found
189 in our study may be related to the lower blood flows (100 – 127 ml/min compared to
190 100 – 180 ml/min). The significant colistin clearance during CVVHDF is attributable to
191 the absence of tubular reabsorption. In other words, while CMS clearance is reduced
192 in renal impairment managed with CRRT, colistin clearance is increased.

193 Consequently, higher doses of intravenous CMS are required, as already noted in
194 some current guidelines such as the Sanford Guide to Antimicrobial Therapy, which
195 recommends a daily CMS dose of 13 MU (442 mg colistin base) (23), but not in the
196 Food and Drug Administration approved drug label (8).

197 Target colistin C_{ssav} of 2.5 mg/L for susceptible bacteria with a minimal inhibitory
198 concentration (MIC) of <0.5 mg/L (16) was achieved in all patients who received a
199 maintenance dose of 3 MU but in none of the patients who received a maintenance
200 dose of 2 MU (Table 3). In the study by Karaiskos and colleagues in which 4.5 MU
201 were administered every 12 hours, 24 hours after receiving a 9 MU loading only half
202 achieved steady-state colistin concentrations 6 h post dose of 1.72 mg/l or higher

(13). A reason for this discrepancy is the higher CVVHDF clearance in the above-mentioned study. A further explanation might be that the 6-h post dose concentration as measured by Karaiskos and colleagues does not reflect the peak concentration attained before the next CMS dose as accurately as the pre-dose sample which was analyzed in our study (8-h post-dose).

In the study by Nation and colleagues, which included data from 9 patients undergoing CRRT (average blood flow 160 ml/min, 9 MU CMS loading dose and 13 MU daily maintenance dose) (19), CMS clearance due to CRRT was 1.57 L/h, which was identical to our finding. Colistin CRRT clearance, however, was higher (2.68 L/h, compared to 0.796 L/h in our study). In the above-mentioned study by Karaiskos and colleagues of 8 patients undergoing CRRT (blood flow 100 – 180 ml/min, 9 MU CMS loading dose and 9 MU daily maintenance dose), CMS and colistin CRRT clearances were 1.17 L/h and 2.09 L/h respectively (13). Taken together, these findings suggest that CMS-clearance may be filter-limited, while Colistin-CRRT clearance depends on blood-flow. Two other studies both using 9 MU daily maintenance doses and a blood flow of 120 ml/min (comparable to the present study) in seven and four patients undergoing CRRT (11, 24) showed colistin CRRT clearances of about 0.7 L/h, which compared to our findings.

For daily clinical practice, we therefore suggest starting CMS in patients that are undergoing CVVHD using low blood flows with a loading dose of 9 MU and a maintenance dose of 3 MU every 8 hours (independent of body weight), so that therapeutic colistin concentrations have a high likelihood of being achieved. As C_{ss} only depends on clearance (and not volume of distribution), the maintenance dose does not need to be weight-adjusted.

227 The present study has some limitations. Although prospective in design, patients
228 were included based on their clinical need for intravenous CMS and concurrent
229 CRRT. This resulted in a modest sample size and inability to perform PK-sampling
230 after a loading dose in the setting of CRRT in every case. Despite satisfactory global
231 diagnostics (Fig. S2 and S3 in supplementary material), isolated misfit points are
232 observed, most likely resulting from technical issues such as inaccuracies in dose
233 preparation, sample collection, or CVVHD efficacy due to filter clogging or clotting. A
234 further limitation is the missing data regarding hematocrit. However, the available
235 data showed a small spread, so we are confident that using the average value for the
236 group as a whole did not significantly affect the results.

237 In conclusion, CMS and colistin disposition after intravenous application is complex
238 and CRRT substantially increases the clearance of colistin compared to normal renal
239 function. A loading dose of 9 MU and a maintenance dosage of 3 MU every 8 hours
240 independent of body weight are expected to quickly achieve and maintain therapeutic
241 colistin concentrations in patients undergoing CRRT with low blood flows. We
242 suggest starting the maintenance dosage 8 hours after administering the loading
243 dose. Furthermore, this dosage was not associated with adverse events. Therapeutic
244 drug monitoring of CMS and colistin might further ensure optimal dosing, particularly
245 in problematic situations such as co-morbid hepatic insufficiency or inefficient CRRT.

246

247 **Materials and Methods**

248 The study was performed in accordance with the Declaration of Helsinki and its
249 amendments, International Conference on Harmonization (ICH) Good Clinical

250 Practice (GCP) guidelines and applicable national laws and regulations. Ethical
251 approval for the study was granted by the internal review boards of the participating
252 centers (ZH 2012-0451, CER-VD 197/14 and EKNZ 2014-213) and permission to
253 conduct the study was given by the national authority (Swissmedic, 2013DR1132).
254 The study was registered at ClinicalTrials.gov (NCT02081560). All patients enrolled
255 in the study gave their written, informed consent if able to do so. When patients were
256 not able to give consent themselves, the protocol for studies in adult patients unable
257 to give consent was followed, in accordance with the internal review boards'
258 permission.

259 *Study design*

260 The study is an investigator-driven, multi-center, prospective, non-randomized, open
261 label pharmacokinetic investigation of CMS in critically ill patients requiring CVVHDF.
262 The participating centers were University Hospital Zurich, University Hospital
263 Lausanne and University Hospital Basel.

264 *Study patients*

265 Patients were eligible for enrolment if they fulfilled the following criteria: male or
266 female aged 18 years or older, hospitalized on the intensive care unit (ICU) with a
267 clinical necessity for both, treatment with CMS (for a proven severe infection with
268 multi drug resistant Gram-negative bacteria susceptible to colistin with no standard
269 first-line treatment available) and continuous venovenous renal replacement therapy.

270 *Study drug*

271 Colistin® (colistimethate) was delivered in dry-powder form together with an ampoule
272 of 3 ml isotonic saline solvent (1). One bottle of Colistin® contains 1 million units

(MU) of sodium colistimethate. Colistin® was dispensed from the local hospital pharmacy and stored on the intensive care units. CMS maintenance dosing was set to 3 MU (=240 mg) every 8 hours (total 9 MU/d = 720 mg/d) after administration of a loading dose of 9 MU. In patients with a low body weight (≤ 60 kg), the dose was reduced to a loading dose of 6 MU and to a maintenance dose of 2 MU every 8 hours. The CMS solution was to be administered intravenously over 30 minutes. For pharmacokinetic calculations, CMS doses in mg and concentrations in mg/L were converted into colistin equivalents using a conversion factor of $1155/1750 = 0.66$.

CRRT procedures

Continuous venovenous hemodialysis (CVVHD) was performed in all but one patient with Prismaflex ST150 (Gambro AB, Lund, Sweden) using the capillary hemofilter AN69 ST (acrylonitrile-sodium-methyl sulfonate, surface area 1.5 m^2) and infusing citrate as the anti-coagulation agent. Continuous venovenous hemodiafiltration (CVVHDF) in a ratio set 1:1 was performed with Multifiltrate (Fresenius Medical Care, Homburg, Germany) using the capillary hemofilter AV 1000s (polysulfone, surface area 1.8 m^2). Post-dilution mode was performed for one patient.

Pharmacokinetic sampling

Intensive pharmacokinetic (PK) sampling over one dosing interval (8 hours) was scheduled on treatment day 1 after the CMS loading dose and day 3 (after the 7th dose). Intensive PK sampling involved blood samples taken from the pre-filter ("filter afferent") line at 0, 0.5, 1, 2, 3, 6, and 8 hours after CMS dosing and from the post-filter line at 1 and 8 hours after dosing. Dosing and sampling times were precisely recorded, along with the relevant settings of CRRT (blood and hemofiltration flow

296 rates). Blood was collected in tubes containing citrate. Plasma was obtained by
297 centrifugation of whole blood samples within 30 minutes and then stored at -80°C
298 until analysis to prevent degradation of CMS into colistin ex-vivo (25). Peak and
299 trough blood concentrations in the pre-filter line were determined on day 5. Patients
300 already on colistin treatment at study entry underwent PK sampling on treatment day
301 3 (7th dose) and on day 5 if already undergoing CRRT. In patients starting CRRT
302 during established treatment with Colistin®, the dosage was adapted according to
303 the protocol, the first PK sampling was performed on the third day of CRRT, and the
304 study continued according to the protocol. Patients were monitored daily for any
305 abnormalities in blood biochemistry and hematology values and for signs of adverse
306 drug effects.

307 *Determination of plasma CMS and colistin concentrations*

308 Plasma CMS and colistin concentrations were determined by high-throughput
309 hydrophilic interaction chromatography coupled to tandem mass spectrometry
310 according to the method described by Mercier and colleagues (26). Briefly, the
311 method was first applied to the native plasma samples to determine colistin
312 concentration; then the samples underwent acidic hydrolysis for 4h to extensively
313 transform CMS into colistin, colistin was determined again and the difference was
314 assumed to reflect CMS (including intermediate metabolites partially hydrolyzed).
315 The results of CMS were accordingly expressed in mg/L of colistin. All analyses were
316 performed at the University Hospital Lausanne.

317 *Pharmacokinetic analysis*

318 A model-based pharmacokinetic analysis was performed using NONMEM® (version
319 7.4, 2017, ICON plc, Dublin 18, Ireland) with NMTRAN and the PREDPP subroutine
320 ADVAN6. The disposition of CMS and colistin was described using a 6-compartment
321 model with first-order transfer rates describing the metabolic transformation of CMS
322 into colistin, the metabolic elimination of colistin and the exchanges of both
323 compounds occurring within the CRRT apparatus (Fig. 1). The systemic distributions
324 of CMS and colistin were assumed to be rapid, corresponding to a single-
325 compartment volume each (V_{CMS} and V_{Col}). The fraction of the CMS dose escaping
326 elimination through CRRT was assumed to be completely transformed into colistin
327 through metabolic clearance ($CL_{M\ CMS}$); then colistin, in turn, was considered to be
328 eliminated through both CRRT and metabolic clearance ($CL_{M\ Col}$). Both compounds
329 were assumed to be transferred into a CRRT filter of fixed volume ($V_{filter} = 0.2\text{ L}$) at
330 the flow rate read on the CRRT device (Q_{blood}), corrected for the patient's hematocrit
331 ($1 - Ht$), set to the average HT value (0.25) when unknown. Non-filtered amounts of
332 CMS and colistin were driven back into the patient's circulation with the same blood
333 flow, while filtered amounts passed into the fixed volume filter cartridge ($V_{cartridge} = 0.3$
334 L), continuously rinsed with the effluent flow rate read on the CRRT device (Q_{effl}).
335 Sieving coefficients were assumed to characterize the filter permeability for CMS and
336 colistin (S_{CMS} and S_{Col}), multiplying Q_{effl} to give the respective filtration clearances.

337 The model, expressed as a set of differential equations, was fitted to the data using
338 first order conditional estimation with interaction between inter-patient and residual
339 variabilities. Classical equations were used for relating model microconstants (k_{12} ,
340 k_{13} , k_{31} , k_{20} , k_{24} , k_{42} , k_{35} , k_{46} , k_{50} and k_{60}) to the estimated parameters, i.e. V_{CMS} , V_{Col} ,
341 $CL_{M\ CMS}$, $CL_{M\ Col}$, S_{CMS} and S_{Col} , given the known parameters, i.e. V_{filter} , $V_{cartridge}$, Q_{blood} ,

342 Ht and Q_{eff} . Interindividual variability in estimated parameters was described using an
343 exponential error model (namely $\theta_j = \theta \cdot e^{\eta_j}$, where θ_j is the individual pharmacokinetic
344 parameter of the j^{th} individual, θ is the geometric average population value and η_j is a
345 random effect normally distributed around a zero mean with a variance of ω^2_{θ}). The
346 inclusion of variability was tested on each parameter for improvement of the model,
347 based on the change in objective function (ΔOF) resulting from the addition of a
348 model term (which approximately follows a χ^2 distribution and can be regarded as
349 statistically significant at the level $p < 0.05$ if it exceeds 3.8 for one additional
350 parameter). Residual error was described using a mixture of exponential plus additive
351 distributions; there was no indication for different magnitudes of variability between
352 the types of samples. The influence of covariates such as age, sex and body weight
353 on distribution volumes and metabolic clearances, and plasma albumin on sieving
354 coefficients was explored graphically and tested sequentially for inclusion in the
355 model, based on the ΔOF criterion. The following derived parameters were computed
356 numerically from individual parameter estimates obtained by model fitting: cumulative
357 areas under plasma concentration curves (AUC_{CMS} and AUC_{Col}), trough
358 concentrations at steady-state under maintenance dosage ($C_{\text{SS min CMS}}$ and $C_{\text{SS min Col}}$)
359 and total amounts excreted by CRRT ($A_{\text{e CMS}}$ and $A_{\text{e Col}}$). Taking into account
360 cumulative CMS doses, we estimated the fractions of dose eliminated by CRRT (F_{e}
361 $_{\text{CMS}}$ and $F_{\text{e Col}}$), the hemofiltration ($\text{CL}_{\text{CRRT CMS}}$ and $\text{CL}_{\text{CRRT Col}}$) and total clearances
362 ($\text{CL}_{\text{tot CMS}}$ and $\text{CL}_{\text{tot Col}}$), and the apparent half-lives deduced from corresponding
363 distribution volumes ($t_{1/2 \text{ CMS}}$ and $t_{1/2 \text{ Col}}$).

364 Model validation was based on diagnostic goodness-of-fit plots and on the
365 examination of standard errors and correlation matrix of the estimates. Figures were

366 elaborated with GraphPad Prism (Version 7 for Windows, 2017, GraphPad Software,
367 San Diego California USA). The population pharmacokinetic model developed for this
368 study may be accessed on the DDMoRe Model Repository at:
369 <http://repository.ddmore.foundation//model/DDMODEL00000295>.

370

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374 submit the work for publication. The authors have no conflicts of interest to declare.
375 Author contributions were: Design: all; execution: TB, NC, LD, NM; analysis and/or
376 interpretation: all, drafting, revising, and/or approving submission: all.

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Table 1

Patient description: age, body weight, sex, loading dose, maintenance dose, number of maintenance doses administered, average blood flow and effluent rate through CRRT device. Alb.: albumin, CV: coefficient of variation, CVVHD: continuous venovenous hemodialysis, CVVHDF: continuous venovenous hemodiafiltration, D_{load}: CMS loading dose, D_{maint}: CMS maintenance dose, D_{maint tot}: CMS total number of maintenance doses, gmean: geometric mean, Hct: hematocrit, MIC: minimum inhibitory concentration (ranges indicate results of different isolates tested over time), na: not available, Q_{blood}: blood flow, Q_{eff}: effluent flow rate, VAP: ventilator-associated pneumonia

ID	Age (y)	Wt (kg)	Sex	Diagnoses and indication for colistin	Colistin MICs	Hct	Alb (g/l)	D _{load} (MU)	D _{maint} (MU)	D _{maint tot} (MU)	CRRT	Q _{blood} (mL/min)	Q _{eff} (L/h)	Outcome
1	60	65	M	Acute lymphoblastic leukaemia, pneumonitis, <i>P. aeruginosa</i> bacteraemia	<4	na	na	9	3	18	CVVHD	100	2180	Infection controlled
2	51	73	M	Sepsis with multiresistant <i>P. aeruginosa</i> , multiorgan failure	na	na	na	9	3	7	CVVHD	100	2000	Died (multiorgan failure)
3	29	82	M	Polytrauma, <i>P. aeruginosa</i> pneumonia and septic shock	0.75-1	0.24	22	9	3	15	CVVHD	108	2793	Infection controlled
4	44	60	M	Lung transplant, mediastinal abscess, acute respiratory failure (<i>P. aeruginosa</i> VAP)	0.38	0.33	20	2	2	14	CVVHD	122	3071	Infection controlled
5	34	60	M	Cystic fibrosis, liver cirrhosis, <i>P. aeruginosa</i> pneumonia and septic shock	0.047-0.5	0.27	28	2	2	24	CVVHDF	120	2479	Died (pulmonary hemorrhage)
6	47	66	M	HIV, pulmonary hypertension, PCP pneumonia, acute respiratory distress syndrome, <i>P. aeruginosa</i> and <i>Citrobacter freundii</i> VAP	1	0.23	21	9	3	12	CVVHDF	127	2473	Died (respiratory failure)
7	67	60	M	Cholangitis, septic shock (<i>E.coli</i> ESBL), acute respiratory distress syndrome	0.125	0.26	22	6	2	6	CVVHD	118	2250	Died (cholangitis)
	70	85	M	Pancreas carcinoma, post-operative septic shock, <i>P. aeruginosa</i> VAP	1.5	na	na	3	3	19	CVVHD	100	2278	Died (multiorgan failure)
10	44	46	F	Lung transplant, <i>P. aeruginosa</i> tracheobronchitis	0.125	0.23	20	2	2	22	CVVHD	80	1601	Died (cause unknown)
11	68	60	F	Necrotising pancreatitis, ventilator-associated pneumonia, severe sepsis	na	0.25	24	9	3	10	CVVHD	100	2652	Died (multiorgan failure)
Summary statistics														
mean	50.4	65.7										108	2378	
SD	16.0	11.6										14	416	
median	49.0	62.5										104	2376	
min	24.0	46.0										80	1601	
max	70.0	85.0										127	3071	
gmean	47.8	64.8										107	2343	
CV	34%	18%										13%	18%	

477 **Table 2**

478 Population averages and coefficients of variation (CV), followed by maximum
 479 likelihood individual estimates of primary pharmacokinetic parameters: metabolic
 480 clearances, distribution volumes and sieving coefficients for CMS and colistin.
 481 Residual error is described by a mixed exponential and additive error model, with
 482 respectively a coefficient of variation of 22.2% and a standard deviation (SD) of 0.459
 483 mg/L. $CL_{M\ CMS}$: metabolic clearance of CMS, V_{CMS} : volume of distribution of CMS, S_{CMS} : CMS
 484 sieving coefficient, $CL_{M\ Col}$: metabolic clearance of colistin, V_{Col} : volume of distribution of
 485 colistin, S_{Col} Colistin sieving coefficient, Pop: population SE: standard error, geomean:
 486 geometric mean.

	CMS			Colistin		
	$CL_{M\ CMS}$ (L/h)	V_{CMS} (L)	S_{CMS}	$CL_{M\ Col}$ (L/h)	V_{Col} (L)	S_{Col}
Pop estimate	2.31	12.1	1.05	1.93	70.1	0.454
SE	0.412	1.42	0.0667	0.444	15.5	0.0181
Pop CV	52%	36%	-	67%	50%	-
SE	0.162	0.106	-	0.218	0.127	-
Patient estimates						
1	2.34	12.2	1.050	3.18	35.5	0.454
2	7.33	28.3	1.050	2.50	69.0	0.454
3	2.41	11.7	1.050	1.81	84.8	0.454
4	1.98	8.9	1.050	2.01	85.4	0.454
5	2.41	11.9	1.050	2.14	73.3	0.454
6	3.12	14.8	1.050	1.54	67.6	0.454
7	1.62	8.0	1.050	2.49	70.8	0.454
8	1.46	9.6	1.050	1.38	123.6	0.454
10	2.79	10.1	1.050	4.09	73.1	0.454
11	1.13	13.4	1.050	0.54	39.0	0.454
mean	2.66	12.9	1.050	2.17	72.2	0.454
SD	1.75	5.8		0.99	24.6	
median	2.37	11.8		2.07	72.0	
min	1.13	8.0		0.54	35.5	
max	7.33	28.3		4.09	123.6	
geomean	2.32	12.1		1.93	68.3	
CV	75%	48%		51%	36%	

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Table 3

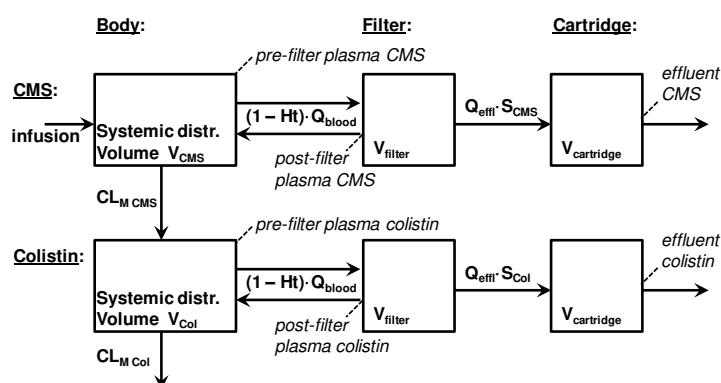
Secondary pharmacokinetic parameters derived from individual estimates of Table 2: cumulative areas under curve (AUC), fractions excreted through CRRT (F_e), total clearances (CL_{tot}), trough concentrations at steady-state ($C_{ss\ min}$) and average concentrations at steady-state ($C_{ss\ av}$) of CMS and colistin. SD: standard deviation, CV: coefficient of variation. For dose-dependent parameters (AUC and $C_{ss\ min}$), means, SD, medians and ranges were calculated only with data from patients receiving a maintenance regimen of 3 MU every 8 h (marked by *).

ID	CMS							Colistin						
	AUC _{CMS} (h·mg/L)	F _e CMS	CL _{tot} CMS (L/h)	CL _{CVVHD} CMS (L/h)	t _{1/2} CMS (h)	C _{ss min} CMS (mg/L)	C _{ss av} CMS (mg/L)	AUC _{Col} (h·mg/L)	F _e Col	CL _{tot} Col (L/h)	CL _{CVVHD} Col (L/h)	t _{1/2} Col (h)	C _{ss min} Col (mg/L)	C _{ss av} Col (mg/L)
1*	865	0.393	3.850	1.513	2.20	1.26	5.15	506	0.203	3.993	0.811	6.16	2.58	3.01
2*	181	0.163	8.766	1.429	2.24	0.58	2.26	404	0.230	3.283	0.755	14.57	4.63	5.05
3*	658	0.434	4.265	1.851	1.91	0.86	4.65	548	0.348	2.899	1.009	20.29	3.69	3.87
4	(406)	0.484	3.840	1.859	1.61	(0.34)	(3.44)	(251)	0.338	3.204	1.083	18.48	(1.91)	(2.13)
5	(621)	0.424	4.183	1.774†	1.98	(0.62)	(3.16)	(480)	0.299	3.124	0.934†	16.26	(2.28)	(2.44)
6*	479	0.361	4.889	1.765†	2.10	0.83	4.05	590	0.370	2.534	0.938†	18.47	4.64	5.00
7	(312)	0.459	2.996	1.375	1.85	(0.58)	(4.41)	(163)	0.163	3.110	0.507	15.79	(1.87)	(2.30)
8*	1044	0.511	2.990	1.528	2.24	1.60	6.63	607	0.329	2.511	0.826	34.12	3.92	3.85
10	(608)	0.290	3.933	1.141	1.78	(0.51)	(3.36)	(361)	0.128	4.702	0.602	10.78	(1.75)	(1.99)
11*	765	0.574	2.651	1.522	3.50	2.41	7.47	741	0.430	1.164	0.501	23.21	4.00	7.24
mean	665	0.409	4.236	1.576	2.14	1.26	5.03	566	0.284	3.052	0.796	17.81	3.91	4.67
SD	304	0.117	1.731	0.222	0.52	0.67	1.86	112	0.098	0.933	0.194	7.48	0.76	1.48
median	712	0.429	3.892	1.525	2.04	1.06	4.90	569	0.314	3.117	0.804	17.37	3.96	4.43
min	181	0.163	2.651	1.141	1.61	0.58	2.26	404	0.128	1.164	0.501	6.16	2.58	3.01
max	1044	0.574	8.766	1.859	3.50	2.41	7.47	741	0.430	4.702	1.083	34.12	4.64	7.24
geomean	583	0.390	4.003	1.559	2.09	1.12	4.70	557	0.266	2.894	0.771	16.35	3.84	4.49
CV	52%	30%	43%	14%	25%	60%	40%	20%	37%	32%	25%	46%	20%	33%

* 3 MU q. 8 h maintenance dose; † CL_{CVVHD}

497 **Figure 1**

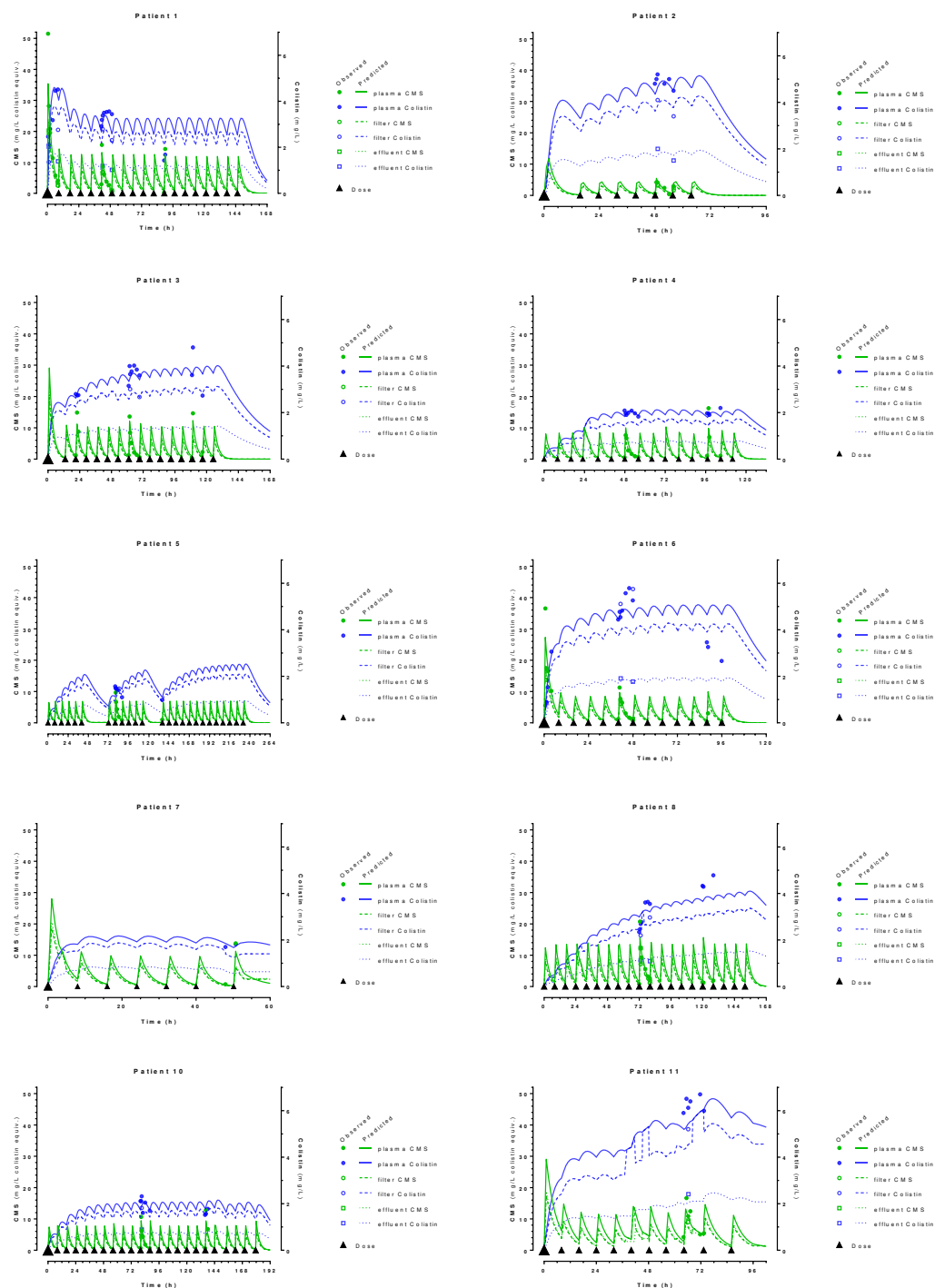
498 Six-compartment pharmacokinetic model describing the disposition of CMS and colistin during CRRT, and showing the sampling
499 points (in *italics*). See text for parameter definitions.



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502 **Figure 2:** Individual curve fitting of patients' observations (solid circles)



503 in arithmetic scale

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